Gravitational self-force correction to the innermost stable circular orbit of a Kerr black hole

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Promising sources of gravitational waves



- Binary neutron stars $(2 imes \sim 1.4 M_{\odot})$
- Stellar-mass black hole binaries (2× $\sim 10 M_{\odot}$)
- Supermassive black hole binaries $(2 imes \sim 10^6 M_{\odot})$
- Extreme mass ratio inspirals ($\sim 10 M_{\odot} + \sim 10^6 M_{\odot})$

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Need for accurate template waveforms



If the expected signal is known in advance then n(t) can be filtered and h(t) recovered by matched filtering \longrightarrow template waveforms

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Extreme mass ratio inspirals (EMRIs)



Gravitational self-force (GSF)

- Dissipative component \longleftrightarrow gravitational waves
- Conservative component \longrightarrow some secular effects









Kerr ISCO frequency vs black hole spin

[Bardeen et al., ApJ 1972]



Kerr ISCO frequency vs black hole spin

[Bardeen et al., ApJ 1972]



Spins of supermassive black holes

[Reynolds, CQG 2013]



Geodesic motion of a test mass in Kerr

Hamiltonian formulation

Hamiltonian of a *test mass m* in the Kerr geometry g_{ab} :

$$H(x,p)=\frac{1}{2m}g^{ab}(x)p_ap_b$$

Constants of the motion

- Rest mass m
- Energy $E = -t^a p_a$
- Ang. momen. $L = \phi^a p_a$
- Carter constant $Q = K^{ab} p_a p_b$



Hamiltonian first law of mechanics

[Le Tiec, CQG 2014]

- The Hamilton-Jacobi equation is completely separable
- Perform a canonical transformation (x^a, p_a) → (q^α, J_α) to action-angle variables:

$$\frac{\mathrm{d}q^{\alpha}}{\mathrm{d}t} = \frac{\partial H}{\partial J_{\alpha}} \equiv \Omega_{\alpha} , \quad \frac{\mathrm{d}J_{\alpha}}{\mathrm{d}t} = -\frac{\partial H}{\partial q^{\alpha}} = 0$$

 Varying H(J_α) and using Hamilton's equations yields a first law of mechanics:

$$\delta \mathbf{E} = \Omega_{\varphi} \, \delta \mathbf{L} + \Omega_r \, \delta \mathbf{J}_r + \Omega_{\theta} \, \delta \mathbf{J}_{\theta} + \langle \mathbf{z} \rangle \, \delta \mathbf{m}$$

Inclusion of the conservative self-force

[Isoyama et al., in preparation]

• Geodesic motion of a *self-gravitating mass m* in perturbed geometry $g_{ab} + h_{ab}^{reg}$ derives from perturbed Hamiltonian

$$\mathcal{H}[x, p; \gamma] = H(x, p) + H_{\text{int}}[x, p; \gamma]$$

The first law of mechanics can be extended up to O(q):

$$\delta \mathcal{E} = \Omega_{\varphi} \, \delta \mathcal{L} + \Omega_r \, \delta \mathcal{J}_r + \Omega_\theta \, \delta \mathcal{J}_\theta + \langle \mathbf{z} \rangle \, \delta \mathbf{m}$$

The actions J_α, frequencies Ω_α, and average redshift (z) include conservative self-force corrections from H_{int}

Minimum energy circular orbit (MECO)

• For *circular equatorial* orbits, the first law reduces to

$$\delta \mathcal{E} = \Omega \, \delta \mathcal{L} + \mathbf{z} \, \delta \mathbf{m}$$

• The MECO is the circular orbit whose frequency obeys

$$\mathcal{E}'(\Omega_{\mathrm{meco}}) = 0 \quad \Longleftrightarrow \quad \tilde{z}''(\Omega_{\mathrm{meco}}) = 0$$

• Since $\Omega_{meco} = \Omega_{isco}$ for Hamiltonian systems such as ours, the ISCO frequency obeys

$$ilde{z}''(\Omega_{
m isco}) = 0\,, \quad {
m where} \quad ilde{z} \equiv z_{
m kerr} + rac{q}{2}\,z_{
m gsf}$$

Frequency shift of the Kerr ISCO

[Isoyama et al., PRL 2014]

• The orbital frequency of the Kerr ISCO is shifted under the effect of the conservative self-force:

$$\Omega_{\rm isco} = \underbrace{\Omega_{\rm isco}^{\rm kerr}(\chi)}_{\substack{\rm test \ mass \\ \rm result}} \left\{ 1 + \underbrace{q \ C_{\Omega}(\chi)}_{\substack{\rm self-force \\ \rm correction}} + \mathcal{O}(q^2) \right\}$$

• From the condition $\tilde{z}''(\Omega_{isco}) = 0$, the frequency shift reads

$$C_{\Omega} = rac{1}{2} \, rac{z_{gsf}''(\Omega_{isco}^{kerr})}{E''(\Omega_{isco}^{kerr})}$$









Summary and prospects

- EMRIs are prime targets for the planned eLISA observatory
- Highly accurate template waveforms are a prerequisite for doing science with GW observations
- We computed the shift in the Kerr ISCO frequency induced by the conservative piece of the GSF
- This result provides an accurate strong-field "benchmark" for comparison with other methods (PN, EOB)
- Future work: beyond circular equatorial orbits